



**Prevention of
Postpartum
Hemorrhage:
Implementing Active
Management of the
Third Stage of Labor
(AMTSL)**

Participant's Notebook

Evaluation forms



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Prevention of Postpartum
Hemorrhage Initiative

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Knowledge and skills evaluation form

Knowledge Assessment

Pre-course questionnaire score	
Mid-course questionnaire score	
Mid-course questionnaire (repeat)	

Skills Assessment

Clinical skill	Date completed		Facilitator signature
	Model		
Active management of third stage of labor (AMTSL)	Model		
	Clinical		
Examination of the placenta	Clinical		
Immediate postpartum care	Clinical		

Comments and recommendations at the end of the program

Facilitator	Participant
<p>Signature _____ Date _____</p>	<p>Signature _____ Date _____</p>



AMTSL evaluation checklist

The facilitator or **clinical preceptor** will use the following checklist to evaluate participants' performance (competency) of **AMTSL** on obstetric models and in the clinical area.

Checklist directions

Checklist directions

Rate the performance of each step or task using the following rating scale:

1 = Performs the step or task completely and correctly.

0 = Unable to perform the step or task completely or correctly or the step/task was not observed.

N/A (not applicable) = Step was not needed.

Evaluation Checklist: AMTSL					
Date					
Evaluation type: model (M) or clinical practice (C)					
Steps	Rating				
Emotional support (2 points)					
1. Explains to the woman and her family what will happen.					
2. Provides emotional support and reassurance, and keeps the woman and her family informed throughout birth and during the immediate postpartum.					
Points for skill/activity					
Preparation (6 points)					
1. Prepares uterotonic drug (oxytocin is the uterotonic of choice) and other essential equipment for the birth before onset of second stage of labor.					
2. Wears a clean plastic or rubber apron, rubber boots, and eye goggles.					
3. Washes hands thoroughly with soap and water and dries them with a clean, dry cloth (or air dries hands).					
4. Wears sterile surgical or HLD gloves on both hands.					
5. Asks the woman to empty her bladder when second stage is near (catheterizes only if the woman cannot urinate and bladder is full).					
6. Assists the woman to assume the position of her choice (squatting, semi-sitting).					
Points for skill/activity					

Evaluation Checklist: AMTSL					
Date					
Evaluation type: model (M) or clinical practice (C)					
Steps	Rating				
Immediate newborn care (3 points)					
1. Thoroughly dries the baby while assessing the baby's breathing.					
2. If the baby is not crying or breathing at least 30 times per minute within 30 seconds of birth calls for help and begins resuscitation.					
3. Places the baby in skin-to-skin contact with the mother and covers with a clean, dry cloth; covers head.					
Points for skill/activity					
AMTSL step 1: Administration of a uterotonic drug (2 points)					
1. Palpates the uterus to make sure no other baby is present.					
2. If no other baby is present, administers uterotonic drug (oxytocin 10 IU IM is the uterotonic of choice) within one minute of delivery (if a woman has an IV infusion, an option is giving oxytocin 5 IU IV bolus slowly).					
Points for skill/activity					
AMTSL step 2: Controlled cord traction (9 points)					
1. Clamps and cuts the cord approximately 2–3 minutes after the birth.					
2. Places the palm of the other hand on the lower abdomen just above the woman's pubic bone.					
3. Keeps slight tension on the cord and awaits a strong uterine contraction.					
4. Applies gentle but firm traction to the cord during a contraction, while at the same time applying countertraction abdominally.					
5. Waits for the next contraction and repeats the action if the maneuver is not successful after 30-40 seconds of controlled cord traction.					
6. As the placenta delivers, holds it in both hands.					
7. Uses a gentle upward and downward movement or twisting action to deliver the membranes.					
8. If the membranes tear , gently examines the upper vagina and cervix.					
9. Places the placenta in the receptacle (e.g., kidney basin) provided.					
Points for skill/activity					



Evaluation Checklist: AMTSL					
Date					
Evaluation type: model (M) or clinical practice (C)					
Steps	Rating				
AMTSL step 3: Uterine massage (4 points)					
1. Immediately massages the fundus of the uterus through the woman's abdomen until the uterus is contracted (firm).					
2. Ensures the uterus does not become relaxed (soft) after stopping uterine massage.					
3. If the uterus becomes soft after massage, repeats uterine massage.					
4. Teaches the woman how to massage her uterus.					
Points for skill/activity					
Immediate postpartum care (7 points)					
1. Inspects and repairs lacerations or tears (if necessary) of the lower vagina and perineum.					
2. Repairs episiotomy (if performed).					
3. Examines the maternal surface of the placenta and membranes for completeness and abnormalities.					
4. Disposes of the placenta.					
5. Removes soiled bedding and makes the woman comfortable.					
6. Estimates blood loss.					
7. If breastfeeding is the woman's choice for infant feeding, assists the woman and baby to begin breastfeeding within the first hour after birth.					
Points for skill/activity					
Infection prevention (6 points)					
1. Before removing gloves, disposes of gauze swabs and other waste materials in a leak-proof container or plastic bag.					
2. Disposes needles and sharps in a sharps disposal container.					
3. Cleans apron with decontamination solution.					
4. Places instruments in 0.5 percent chlorine solution.					
5. Decontaminates and disposes of gloves.					
6. Washes hands thoroughly with soap and water and dries them.					
Points for skill/activity					

Evaluation Checklist: AMTSL					
Date					
Evaluation type: model (M) or clinical practice (C)					
Steps	Rating				
Care after placenta is delivered (5 points)					
1. Monitors the woman at least every 15 minutes (more often if needed) during the first 2 hours after birth.					
2. Monitors the baby every 15 minutes for the first 2 hours after birth.					
3. Continues with normal care for the mother and newborn, including interventions for PMTCT of HIV/AIDS.					
4. Documents all findings.					
5. Documents all care provided.					
Points for skill/activity					
A: Total points for case observed					
B: Total points that were N/A					
C: Total possible points for the case observed = 44 minus B					
Score = (A divided by C) multiplied by 100					